

FIRST AID TRAINING

Across The United Kingdom



BeePositive
Training Solutions

PRICE LIST FOR **Ashington** **West Sx** 2025

INTERACTIVE

FIRST AID

COURSES



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All of our course prices in this booklet are based on training at your place of work.
If you require this to be done at a different venue, please [contact us](#).

Just click on the course below to go directly there, or scroll through and look at your options

All prices are subject to change. We will always send you a final quote before booking.
Included in the price are training materials, certification, and travel costs.

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Annual Refresher Course

About the Course

The HSE recommend that all first aiders complete an annual refresher. This is a short course that refreshes the essentials to reduce skill fade. This course is valid for the Emergency First Aid at Work and First Aid at Work. Certificate of Attendance issued.

Duration: 3-4 Hours **Minimum Age:** 14 **Minimum/Maximum Numbers:** 12 **Valid For:** 1 Year **Level:** 2 (RQF)

Course Contents: Responsibilities • Primary Survey • Recovery Position • Resuscitation • Wounds and Bleeding • Hygiene • Communication Skills • Top to Toe Survey • Action for Vomit • Chain of Survival • Bandaging

Number of Learners	Cost Per Person	Total Cost
Three	72.00	216.00
Four	61.00	244.00
Five	55.00	275.00
Six	50.00	300.00
Seven	47.00	329.00
Eight	45.00	360.00
Nine	43.00	387.00
Ten	42.00	420.00
Eleven	40.00	440.00
Twelve	39.00	468.00

If your organisation is of charitable status, please [contact us](#) for discounted rates.

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Basic Life Support

About the Course

This regulated Level 2 Basic Life Support qualification will give learners the skills, knowledge and practical competence to administer first aid until professional medical help arrives. It is particularly suitable for healthcare professionals for the purpose of Continual Professional Development (CPD).

The Basic Life Support qualification will give learners the skills and knowledge to act in an emergency situation providing the casualty with critical life-saving assistance until support arrives.

The qualification is delivered following the protocols set by the Resuscitation Council (UK) Guidelines.

Duration: 3-4 Hours **Minimum Age:** 14 **Minimum/Maximum Numbers:** 12 **Valid For:** 3 Years **Level:** 2 (RQF)

Course Contents: Cardiopulmonary Resuscitation • Primary Survey • Recovery Position • Choking

Number of Learners	Cost Per Person	Total Cost
Three	78.00	234.00
Four	67.00	268.00
Five	60.00	300.00
Six	56.00	336.00
Seven	52.00	364.00
Eight	50.00	400.00
Nine	48.00	432.00
Ten	47.00	470.00
Eleven	46.00	506.00
Twelve	45.00	540.00

If your organisation is of charitable status, please [contact us](#) for discounted rates.

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Emergency First Aid at Work

About the Course

Where a workplace first aid risk assessment identifies a need for an Emergency First Aider in the Workplace, this one-day qualification meets the requirements of the Health and Safety (First Aid) Regulations 1981 and the Health and Safety (First Aid) Regulations (Northern Ireland) 1982.

All learners will have the skills and knowledge to provide the organisation with Emergency

Duration: Min 6 Hours **Minimum Age:** 14 **Minimum/Maximum Numbers:** 12 **Valid For:** 3 Years **Level:** 3 (RQF)

Course Contents: Responsibilities and reporting • Resuscitation and AED awareness • Burns • Assessment of the situation • Choking • Dealing with an unresponsive casualty • Minor injuries • Epilepsy • Basic hygiene in First Aid • Bleeding control • Shock

Number of Learners	Cost Per Person	Total Cost
Three	84.00	252.00
Four	73.00	292.00
Five	66.00	330.00
Six	62.00	372.00
Seven	59.00	413.00
Eight	57.00	456.00
Nine	55.00	495.00
Ten	53.00	530.00
Eleven	52.00	572.00
Twelve	51.00	612.00

With Catastrophic Bleed Module (+1 Hour)

Number of Learners	Cost Per Person	Total Cost
Three	99.00	297.00
Four	88.00	352.00
Five	81.00	405.00
Six	77.00	462.00
Seven	74.00	518.00
Eight	71.00	568.00
Nine	70.00	630.00
Ten	68.00	680.00
Eleven	67.00	737.00
Twelve	66.00	792.00

If your organisation is of charitable status, please [contact us](#) for discounted rates.

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First Aid at Work

About the Course

Specifically designed for those who are involved in any form of activity, including sports, leisure and recreation. Not only is Basic Life Support included, but many other First Aid conditions are also included, making this qualification very comprehensive. This Level 3 qualification is made up of two units including First Aid Essentials. It is specifically designed for those who are involved in any form of activity, including sports, leisure and recreation.

Unit 1, (or day 1) of this qualification contains and covers the learning outcomes of the level 3 Award in Emergency First Aid at Work, so those who wish to gain the level 3 award in EFAW are able to sit day 1 of this qualification.

Duration: 3 Days **Minimum Age:** 16 **Minimum/Maximum Numbers:** 12 **Valid For:** 3 Years **Level:** 3 (RQF)

Course Contents: Legalities, responsibilities and reporting • Control of bleeding • Poisoning • Asthma • Dealing with an unresponsive casualty • Shock (including Anaphylaxis) • Bandaging • Diabetes • Fractures and spinal injuries • Heart attacks • Choking • Stroke • Resuscitation and AED awareness • Head injuries • Eye injuries • Burns • Assessment of the situation • Sprains and strains • Chest injuries • Epilepsy

Number of Learners	Cost Per Person	Total Cost
Three	242.00	726.00
Four	195.00	780.00
Five	167.00	835.00
Six	149.00	894.00
Seven	135.00	945.00
Eight	125.00	1000.00
Nine	117.00	1053.00
Ten	111.00	1110.00
Eleven	106.00	1166.00
Twelve	102.00	1224.00

With Forestry Module (+2 Hour)

Number of Learners	Cost Per Person	Total Cost
Three	258.00	774.00
Four	212.00	848.00
Five	184.00	920.00
Six	165.00	990.00
Seven	152.00	1064.00
Eight	142.00	1136.00
Nine	134.00	1206.00
Ten	128.00	1280.00
Eleven	122.00	1342.00
Twelve	118.00	1416.00

If your organisation is of charitable status, please [contact us](#) for discounted rates.

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First Aid at Work Requalification

About the Course

This 2-day First Aid at Work course is designed for those who currently hold a First Aid at Work qualification and are due to expire and meets the requirements of the Health and Safety (First Aid) Regulations 1981 and the Health and Safety (First Aid) Regulations (Northern Ireland) 1982.

The important thing to remember is that as soon as the certificate expires, the First Aider is no longer considered competent to act as a First Aider in the workplace which may well leave the employer with a shortfall of First Aiders. Therefore, it would be prudent to arrange their requalification before they expire. In addition, this course will include any protocol changes that may have arisen since their last training course.

Duration: 2 Days **Minimum Age:** 16 **Minimum/Maximum Numbers:** 12 **Valid For:** 3 Years **Level:** 3 (RQF)

Course Contents: Legalities, responsibilities and reporting • Control of bleeding • Poisoning • Asthma • Dealing with an unresponsive casualty • Shock (including Anaphylaxis) • Bandaging • Diabetes • Fractures and spinal injuries • Heart attacks • Choking • Stroke • Resuscitation and AED awareness • Head injuries • Eye injuries • Burns • Assessment of the situation • Sprains and strains • Chest injuries • Epilepsy

Number of Learners	Cost Per Person	Total Cost
Three	170.00	510.00
Four	142.00	568.00
Five	124.00	620.00
Six	113.00	678.00
Seven	105.00	735.00
Eight	98.00	784.00
Nine	94.00	846.00
Ten	90.00	900.00
Eleven	87.00	957.00
Twelve	84.00	1008.00

With Forestry Module (+2 Hour)

Number of Learners	Cost Per Person	Total Cost
Three	187.00	561.00
Four	158.00	632.00
Five	141.00	705.00
Six	129.00	774.00
Seven	121.00	847.00
Eight	115.00	920.00
Nine	110.00	990.00
Ten	106.00	1060.00
Eleven	103.00	1133.00
Twelve	100.00	1200.00

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Emergency Outdoor First Aid

About the Course

This one-day emergency outdoor first aid qualification will provide learners with the skills and knowledge to respond to a range of emergency outdoor situations in a prompt, safe and effective way, particularly where professional medical help is not immediately available.

The course will provide learners with the skills and knowledge to respond to a range of emergency outdoor situations including summoning assistance, responding to changes in vital signs, and administering CPR and blood loss. The qualification meets the requirements of the Institute for Outdoor Learning band 2 training.

Duration: 8 Hours **Minimum Age:** 14 **Minimum/Maximum Numbers:** 12 **Valid For:** 3 Years **Level:** 3 (RQF)

Course Contents: What is outdoor first aid? • First aid equipment • Summon assistance • Monitoring • Scene survey • Primary survey • Secondary assessment • Resuscitation • Disorders of respiration • Wounds and bleeding • Hypovolaemic shock

Number of Learners	Cost Per Person	Total Cost
Three	92.00	276.00
Four	81.00	324.00
Five	74.00	370.00
Six	70.00	420.00
Seven	67.00	469.00
Eight	65.00	520.00
Nine	63.00	567.00
Ten	61.00	610.00
Eleven	60.00	660.00
Twelve	59.00	708.00

If your organisation is of charitable status, please [contact us](#) for discounted rates.

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Outdoor First Aid

About the Course

This comprehensive two-day qualification is designed for outdoor professionals and employees who work in rural or remote environments. It will enable learners to undertake the role of the First Aider when emergency medical assistance could be more than 30 minutes away. It will provide learners with the skills and knowledge to respond to a range of emergency outdoor situations including when and how to move a casualty, major illnesses and injuries, administering CPR and managing an unresponsive casualty.

The qualification meets the Outdoor First Aid Band 3 requirements set by the Institute for Outdoor Learning and the requirements for the first aid element of the expedition syllabus for the bronze, silver and gold Duke of Edinburgh awards.

Duration: 2 Days **Minimum Age:** 16 **Minimum/Maximum Numbers:** 12 **Valid For:** 3 Years **Level:** 3 (RQF)

Course Contents: Legalities, responsibilities and reporting • Control of bleeding • Poisoning • Asthma • Dealing with an unresponsive casualty • Shock (including Anaphylaxis) • Bandaging • Diabetes • Fractures and spinal injuries • Heart attacks • Choking • Stroke • Resuscitation and AED awareness • Head injuries • Eye injuries • Burns • Assessment of the situation • Sprains and strains • Chest injuries • Epilepsy

Number of Learners	Cost Per Person	Total Cost
Three	169.00	507.00
Four	140.00	560.00
Five	122.00	610.00
Six	111.00	666.00
Seven	103.00	721.00
Eight	97.00	776.00
Nine	92.00	828.00
Ten	88.00	880.00
Eleven	85.00	935.00
Twelve	82.00	984.00

With Catastrophic Bleed Module (+1 Hour)

Number of Learners	Cost Per Person	Total Cost
Three	183.00	549.00
Four	155.00	620.00
Five	137.00	685.00
Six	126.00	756.00
Seven	118.00	826.00
Eight	111.00	888.00
Nine	107.00	963.00
Ten	103.00	1030.00
Eleven	100.00	1100.00
Twelve	97.00	1164.00

If your organisation is of charitable status, please [contact us](#) for discounted rates.

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Activity First Aid

About the Course

Specifically designed for those who are involved in any form of activity, including sports, leisure and recreation. Not only is Basic Life Support included, but many other First Aid conditions are also included, making this qualification very comprehensive. This Level 3 qualification is made up of two units including First Aid Essentials. It is specifically designed for those who are involved in any form of activity, including sports, leisure and recreation.

Unit 1, (or day 1) of this qualification contains and covers the learning outcomes of the level 3 Award in Emergency First Aid at Work, so those who wish to gain the level 3 award in EFAW are able to sit day 1 of this qualification.

Duration: 2 Days **Minimum Age:** 16 **Minimum/Maximum Numbers:** 12 **Valid For:** 3 Years **Level:** 3 (RQF)

Course Contents: Legalities, responsibilities and reporting • Control of bleeding • Poisoning • Asthma • Dealing with an unresponsive casualty • Shock (including Anaphylaxis) • Bandaging • Diabetes • Fractures and spinal injuries • Heart attacks • Choking • Stroke • Resuscitation and AED awareness • Head injuries • Eye injuries • Burns • Assessment of the situation • Sprains and strains • Chest injuries • Epilepsy

Number of Learners	Cost Per Person	Total Cost
Three	127.00	381.00
Four	109.00	436.00
Five	98.00	490.00
Six	91.00	546.00
Seven	86.00	602.00
Eight	82.00	656.00
Nine	79.00	711.00
Ten	77.00	770.00
Eleven	75.00	825.00
Twelve	73.00	876.00

If your organisation is of charitable status, please [contact us](#) for discounted rates.

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Emergency Paediatric First Aid

About the Course

This one-day Emergency Paediatric First Aid course has been designed for those who have an interest in child and infant Basic Life Support, including parents, guardians and family members.

The qualification is designed for learners with a responsibility for the care of children and babies and provides knowledge and skills to deal with a range of paediatric first-aid conditions and incidents. The purpose of the qualification is for the learner to attain the knowledge and practical competence required to deal with a range of Paediatric First Aid situations.

Duration: 7 Hours **Minimum Age:** 16 **Minimum/Maximum Numbers:** 12 **Valid For:** 3 Years **Level:** 3 (RQF)

Course Contents: Role of the Paediatric First Aider • Seizure • Primary survey • Choking • Resuscitation (CPR including the safe use of an AED) • Minor injuries • Wounds, bleeding and shock • Recovery position

Number of Learners	Cost Per Person	Total Cost
Three	86.00	258.00
Four	75.00	300.00
Five	68.00	340.00
Six	64.00	384.00
Seven	61.00	427.00
Eight	59.00	472.00
Nine	57.00	513.00
Ten	55.00	550.00
Eleven	54.00	594.00
Twelve	53.00	636.00

If your organisation is of charitable status, please [contact us](#) for discounted rates.

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Paediatric First Aid

About the Course

This course has been developed for those who are working with children and infants. It will be of particular interest to teachers, child minders, crèche assistants, playgroup personnel and anyone else who has a responsibility for their welfare whilst in your care. The purpose of the qualification is for the learner to attain the knowledge and practical competence required to deal with a range of paediatric first-aid situations.

Ofsted and the Early Years Foundation Stage

This two-day qualification fulfils the requirements for first aid training detailed in the Department for Education's statutory framework for the Early Years Foundation Stage.

Duration: 2 Days **Minimum Age:** 16 **Minimum/Maximum Numbers:** 12 **Valid For:** 3 Years **Level:** 3 (RQF)

Course Contents: Role of the Paediatric First Aider • Seizure • Diabetic emergencies • Primary survey • Choking • Asthma • Resuscitation (CPR including the safe use of an AED) • Minor injuries • Meningitis • Wounds, bleeding and shock • Recovery position • Febrile convulsions • Allergic reactions including anaphylaxis • Fractures • Extreme cold and heat • Head, neck and back injuries • Foreign bodies • Electrical incidents

Number of Learners	Cost Per Person	Total Cost
Three	171.00	513.00
Four	143.00	572.00
Five	125.00	625.00
Six	114.00	684.00
Seven	106.00	742.00
Eight	99.00	792.00
Nine	95.00	855.00
Ten	91.00	910.00
Eleven	88.00	968.00
Twelve	85.00	1020.00

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